



# Module 8: Other Activities



# Module Objectives

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**After this module, you should be able to:**

- **Describe the TRICARE Plus benefit**
- **State what the Extended Health Care Option is and how it works**
- **List some of the services available through the Computer/Electronic Accommodations Program**
- **Explain how the U.S. Family Health Plan mirrors TRICARE Prime**



# TRICARE Plus

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- MTF-based enrollment option for non-Prime enrolled TRICARE beneficiaries
- MTF Commander may limit enrollment based on capability and capacity
- Standard/TFL beneficiaries are assigned a PCM
- Referrals outside of the MTF
  - TRICARE Standard/Extra, Medicare, OHI rules apply



# Exceptional Family Member Program

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- Identifies family members with special medical and/or educational needs
- Enrollment is mandatory upon identification of a family member with special needs
- Enrollment helps ensure ADFMs get stationed where the family member's special needs can be met
- Enrollment is important during the screening/approval process for accompanied overseas assignments



# **Extended Care Health Option**

- Supplemental program to the basic TRICARE program
- Provides an additional financial resource for an integrated set of services and supplies
- Qualification is based on the evidence of specific mental or physical disabilities
- Each regional contractor or overseas TAO determines eligibility



# Qualifying Conditions

- Moderate or severe mental retardation
- Serious physical disability
- Extraordinary physical or psychological condition
- Diagnosis of a neuromuscular developmental condition
- Multiple disabilities



# ECHO Costs

<b>Sponsor Pay Grade</b>	<b>Monthly Cost Share</b>
<b>E-1 to E-5</b>	<b>\$25</b>
<b>E-6</b>	<b>\$30</b>
<b>E-7, O-1</b>	<b>\$35</b>
<b>E-8, O-2</b>	<b>\$40</b>
<b>E-9, WO/W-1 CWO-2 and O-3</b>	<b>\$45</b>
<b>CWO-3, CWO-4, O-4</b>	<b>\$50</b>
<b>CWO-5, O-5</b>	<b>\$65</b>
<b>O-6</b>	<b>\$75</b>
<b>O-7</b>	<b>\$100</b>
<b>O-8</b>	<b>\$150</b>
<b>O-9</b>	<b>\$200</b>
<b>O-10</b>	<b>\$250</b>



# Computer/Electronic Accommodations Program (CAP)

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- TMA is CAP's executive agent
  - Not a TRICARE option
- Provides assistive technology to wounded service members
- Services provided under CAP
- Wounded service member link
  - [www.tricare.mil/cap/wsm](http://www.tricare.mil/cap/wsm)





# Uniformed Services Family Health Plan

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- TRICARE Prime option available in six areas of the U.S.
- Eligible beneficiaries must live within one of the designated USFHP zip codes to enroll
- Only TRICARE Prime program that offers medical coverage to beneficiaries age 65 and over who do not participate in Medicare Part B



# USFHP Designated Providers

## **Pacific Medical Centers (PacMed Clinics)**

Serving the Puget Sound area  
of Washington State  
1-888-958-7347

## **Martin's Point Health Care**

Serving Maine, Vermont,  
New Hampshire and  
northeastern New York  
1-888-241-4556

## **Brighton Marine Health Center**

Serving Massachusetts, including  
Cape Cod, Rhode Island and  
northern Connecticut  
1-800-818-8589

**CHRISTUS Health**  
Serving southeast Texas and  
southwest Louisiana  
1-800-678-7347

**Johns Hopkins Medicine**  
Serving central Maryland, Washington  
DC and parts of Pennsylvania, Virginia  
and West Virginia  
1-800-808-7347

**Saint Vincent Catholic  
Medical Centers**  
Serving parts of New York, all of  
New Jersey, eastern Pennsylvania  
and southern Connecticut  
1-800-241-4848



# USFHP Eligibility



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- Certain former active duty family members and their eligible family members
- Active duty family members
- Uniformed services retirees and their eligible family members
- Eligible unremarried former spouses



# Compare Plans

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## Compare Plans

If you are not sure which plan you are in now, or if you want to compare your options, select two plans from the lists below and compare their features side by side.

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# **Congratulations! You've Completed Module 8: Other Activities**

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